



Michigan Community Services, Inc.
Serving People with Disabilities since 1982

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MCSI Staff,

As you are aware, the threat of the coronavirus or COVID-19 is on the rise. Much information is being communicated in the media as there is a rising concern surrounding this virus. We are gathering as much information as possible to keep our employees and consumers informed, educated, and safe. Below is information about the virus and measures you can take to try and limit exposure.

What is coronavirus disease 2019 (COVID-19)?

Covid-19 is a respiratory illness that can spread from person to person. Health experts are concerned because little is known about this new virus and it has the potential to cause severe complications in some patients, including older adults and persons of any age with underlying medical conditions.

What are the symptoms of COVID-19?

Symptoms may appear in as few as 2-14 days after exposure.

- Fever
- Cough
- Shortness of Breath
- Reported illnesses have ranged from mild symptoms to severe illness and death.

How does COVID-19 spread?

The virus is thought to spread mainly from person-to-person between people who are in close contact with one another and through respiratory droplets produced when an infected person coughs or sneezes.

- The air by coughing and sneezing.
- Close personal contact, such as touching or shaking hands.
- Touching an object or surface with the virus on it, then touching your mouth, nose or eyes.
- In rare cases, contact with feces.

What can I do to protect myself from getting COVID-19?

The best way to prevent illness is to avoid being exposed to this virus. Avoid close contact with one another and follow these precautions as best as possible:

- Wash your hands often with soap and water for at least 20 seconds.
- Avoid touching your eyes, nose or mouth.
- Cover your mouth and nose with a tissue or inside your elbow when you cough or sneeze.
- Stay home if you are sick and contact your healthcare provider.
- Clean and disinfect frequently touched surfaces daily.

We will be keeping you informed of any new notifications surrounding this health concern as we receive more information from the CDC, Michigan Department of Health and Human Services and our local Health Department. Additional postings and information will be distributed as we receive updates. Please communicate any concerns or questions with management and we thank you for your patience and assistance as we all navigate through this difficult situation.

Regards,



Greg Kirkland
Executive Director